

# Student Contract

- ❖ Bullying is always wrong.
- ❖ Bullying can be with words or physical force.
- ❖ Bullies are more likely to get in trouble with the law when they grow up.
- ❖ Some people don't realize they are being bullies.

I, (your name) \_\_\_\_\_, know that bullying is wrong. I promise to be part of the solution by respecting other people, at home, school, and in my community. I will try to lead by example and do my best to help others feel good about themselves when they are around me. I will respect and be kind to everyone even if they are not my friends. I promise to do my best not to bully anyone. If I have a question about bullying, I will go to a grown up who I trust, and ask for help. If I make someone feel bad, I will take responsibility, and say, "I am sorry", from my heart.

X \_\_\_\_\_